

percent of increase and decrease worksheet

Published: September 3, 2026 | Index ID: #-

Introduction

When students first encounter the concept of percentage, they often focus on the idea of a “percent” as a part of a whole. However, as they progress through the math curriculum, they soon discover that percentages are not just a way to represent parts of a whole—they also serve as a powerful tool for measuring change. The ability to calculate percent increase and percent decrease is essential for understanding everything from sales promotions to population growth, from financial reports to science experiments. A **percent of increase and decrease worksheet** is an invaluable resource that helps students practice these calculations in a structured, engaging, and progressive manner. This article explores why percent change matters, how to create effective worksheets, and how teachers, parents, and tutors can use these tools to reinforce learning and build confidence in math.

Understanding Percent Increase and Decrease

Definition

Percent increase refers to the relative rise from an original value (the base) to a new value, expressed as a percentage of the base. Conversely, percent decrease measures the relative drop from the base to a lower new value, again expressed as a percentage of the base. Both concepts rely on a simple formula:

1. Calculate the difference between the new value and the base value.
2. Divide that difference by the base value.
3. Multiply by 100 to convert the result into a percentage.

Why It Matters

Percent change is ubiquitous. In everyday life, shoppers compare discounts, investors analyze stock performance, and scientists track changes in measurements. For students, mastering percent increase and decrease is a gateway to higher-level math, such as algebra, statistics, and calculus. It also develops critical thinking and problem solving skills by encouraging students to interpret data, identify trends, and draw conclusions.

How to Calculate Percent Increase

Step by Step Guide

1. **Identify the base value** (the original number).

Determine the new value after the change.

3. Subtract the base value from the new value to find the difference.
4. Divide the difference by the base value.
5. Multiply the result by 100 to obtain the percent increase.

Example Problem

Suppose a student's test score rises from 70 to 84. The calculation would be:

1. Base = 70, New = 84
2. Difference = $84 - 70 = 14$
3. Fraction = $14 \div 70 = 0.2$

4. Percent Increase = $0.2 \times 100 = 20\%$

Thus, the student's score increased by **20 %**

How to Calculate Percent Decrease

Step by Step Guide

1. Identify the base value.

Determine the new value after the decrease.

3. Subtract the new value from the base value to find the difference.

4. Divide the difference by the base value.

5. Multiply the result by 100 to obtain the percent decrease.

Example Problem

A shop's inventory drops from 200 items to 150 items. The calculation is:

1. Base = 200, New = 150
2. Difference = $200 - 150 = 50$
3. Fraction = $50 \div 200 = 0.25$
4. Percent Decrease = $0.25 \times 100 = 25\%$

The inventory decreased by **25 %**

Creating a Percent Increase & Decrease Worksheet

Planning the Worksheet

When designing a worksheet, consider the learning objectives, the students' current skill level, and the context in which the math will be applied. A well structured worksheet should include:

- Clear instructions that outline the steps for calculating percent change.
- Progressive difficulty, starting with simple problems and moving to multi step scenarios.
- Real world contexts (e.g., shopping discounts, population data, sports statistics).
- Answer keys or answer sections for self checking.
- Space for students to show their work, which encourages procedural fluency.

Types of Questions

Variety keeps students engaged. Include a mix of:

- Single step problems that test basic application.
- Multi step problems that require combining percent change with other operations.
- Word problems that ask students to interpret a scenario and then compute the percent change.
- Comparative problems that ask students to decide which of two changes is greater.
- Reverse engineering problems where students find the original value given the new value and the percent change.

Sample Worksheet Template

Below is a simple template you can adapt to any grade level:

1. Instructions: "Calculate the percent increase or decrease for each problem."
2. Problems (10–12 items): mix of increase and decrease scenarios.
3. Answer section: blank lines for students to write their answers.

4. Answer key: optional, placed at the end or provided separately.

Sample Worksheets for Different Grade Levels

Elementary (Grades 3–5)

Elementary students benefit from concrete, visual contexts. Use pictures, charts, and real world items such as:

- “The store sold 30 apples last week and 45 apples this week. What percent increase in apples sold?”
- “A class of 25 students had 5 new members. What percent increase in class size?”

Include graphic organizers that help students track the base, new value, and percent change.

Middle School (Grades 6–8)

Middle schoolers can handle more abstract reasoning and larger numbers. Incorporate problems that require:

- Calculating percent change from a data set.
- Interpreting percent change in a financial context (e.g., interest rates).
- Using percent change to solve for unknowns in word problems.

Introduce mixed operations problems where students must compute a percent change and then use it in another calculation.

High School (Grades 9–12)

High school students can tackle complex scenarios, including:

- Compound percent change over multiple periods.
- Percent change in scientific measurements (e.g., temperature changes, growth rates).
- Statistical percent change, such as comparing mean values.
- Real world case studies, like stock market returns or demographic shifts.

These problems prepare students for college level math, economics, and data science.

Using Worksheets for Teaching and Learning

Classroom Activities

Integrate worksheets into lessons by:

- Starting with a brief demonstration of the percent change formula.
- Having students work in pairs to solve problems, fostering collaborative learning.
- Encouraging students to explain their reasoning to the class.

Homework Assignments

Assign worksheets as homework to reinforce concepts. Provide a mix of practice problems and a short reflection question such as, “Describe a real life situation where you used percent change.”

Assessment and Feedback

Use worksheets as formative assessments. After grading, provide individualized feedback that highlights:

- Correct application of the formula.
- Common mistakes, such as misidentifying the base value.
- Strategies for improving accuracy, like double checking calculations.

Digital Tools and Resources

Online Worksheet Generators

Several websites allow teachers to generate custom worksheets:

- Math-Aids.org – offers customizable percent change worksheets.
- WorksheetsWorks.com – provides printable and interactive worksheets.
- Khan Academy – includes practice exercises with instant feedback.

Interactive Apps

Apps can make learning percent change fun:

- Math Playground – interactive games focused on percentage change.
- Prodigy Math Game – incorporates percent change challenges into a fantasy adventure.
- Google Sheets – create dynamic worksheets that update results automatically.

Printable Resources

Teachers can find free printable worksheets on:

- Education.com – a library of percent change worksheets for all grades.
- Teachers Pay Teachers – premium resources created by educators.
- Scholastic – age appropriate worksheets with engaging themes.

Common Mistakes and How to Avoid Them

Misinterpreting the Base Value

Students often use the new value instead of the base value when calculating the difference. Remind them that the base is the original number before any change occurs.

Forgetting to Convert to Decimal

After dividing the difference by the base, the result is a decimal. Multiplying by 100 is essential to express the change as a percentage. A quick mental check—"If the fraction is 0.25, the percent is 25%"—helps students verify their work.

Rounding Errors

When dealing with large numbers or multi step problems

Baca Juga (Artikel Terkait)

- [sims 3 trophy guide and roadmap](http://adifferentsurvivalguide.com/sims-3-trophy-guide-and-roadmap.pdf)

URL: <http://adifferentsurvivalguide.com/sims-3-trophy-guide-and-roadmap.pdf>

- [the elf on the shelf story online](http://adifferentsurvivalguide.com/the-elf-on-the-shelf-story-online.pdf)

URL: <http://adifferentsurvivalguide.com/the-elf-on-the-shelf-story-online.pdf>

- [biological classification pogil](http://adifferentsurvivalguide.com/biological-classification-pogil.pdf)

URL: <http://adifferentsurvivalguide.com/biological-classification-pogil.pdf>

- [kubota 3 cylinder diesel engine manual](http://adifferentsurvivalguide.com/kubota-3-cylinder-diesel-engine-manual.pdf)

URL: <http://adifferentsurvivalguide.com/kubota-3-cylinder-diesel-engine-manual.pdf>

Tags: [#percent](#) [#increase](#) [#decrease](#) [#worksheet](#)

